



MEN'S RESIDENTIAL RULE BOOK

Dear Student:

We would like to take this time to welcome you into The Way TC discipleship program.

It is our desire that you would receive all that God has for you.

You will go through the 14 book study as well as many chapel and prayer services. This allows God to form you into the man of God that you were created to be so that you will fulfill your God given destiny.

We have developed and maintain an environment where grace, truth and time will empower you to receive effectual and lasting change.

THE PROGRAM WORKS!!!!!!!!!!!!!!!!!!!!!!!!!!!!

We pray that you allow God's love and power to work in you as you totally commit yourself to the Lord and the program mentoring and discipleship.

We love you and want to help you--welcome to our family!!!!

God richly bless you,

The Way Training Center Staff

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I. REQUIREMENTS:

A. General Information

GENERAL INFORMATION about the program: The Way TC offers a biblically based Christian oriented residential program. Our program lasts approximately 12 months. You will spend 6 – 8 months in the induction phase or any other program to which we may refer you. After your induction phase is completed, you will graduate to the Training Center where you will complete the last phase of job readiness. *

B. Admission Requirements

- **Birth Certificate**
- **Social Security Card**
- **Physical Exam**
- **Blood Work (HIV, Hepatitis B, VD, TB)**
- **\$250 Non-Refundable Induction Fee**
(You are responsible for travel expense if you decide to leave the program. Anyone from out-of-state must have return ticket when admitted.)
- **A sincere desire to change**
- **Open to instruction and correction**
- **You must make a 12 month commitment to complete the program**

***You must have all of the above to enter the program. If you have any difficulties in meeting these requirements, talk to a leader; each situation will be evaluated specifically and accordingly.**

II. HOUSE

A. Dorm

Your room must be kept neat and clean at all times and your bed must be made before personal devotions.

Weekly, a morning group leader will assign you a household responsibility. A staff member will check these jobs. Your jobs need to be done to completion and to the best of your ability.

GENERAL DORM RULES:

- 1. No food or snacks are to be brought into the rooms.**
- 2. You must wake up on time. (You have 5 min to put your feet on the floor after wakeup time).**
- 3. No one is allowed to lie in their bed at any time with the exception of quiet time, and illness with the permission of staff.**
- 4. Beds must be made and rooms kept neat and clean at all times.**
- 5. No clothes should be hanging off beds, thrown on the beds or chair.**
- 6. All dirty laundry must be kept in a bag under the bed or in the closet.**
- 7. You are only permitted to go in the back yard with permission; no one is allowed in front of the house without permission from a staff member. If a student is found beyond property lines without permission he will be considered to have left the program.**

NOTE: Please do not talk loud in the morning (Proverbs 27:14). Start your day in quiet meditation and prayer. During the day please maintain a reasonable volume as to show respect for God, staff and the other residents.

B. General Conduct

The following behavior is not acceptable or allowed at The Way Training Center:

- 1. Horse Play**
- 2. Cursing**
- 3. Talking about “Street Life”**
- 4. Disrespect to any staff or student**
- 5. Lateness to any scheduled activity**
- 7. Disobeying any rules**
- 8. Talking about drugs**
- 8. Picking up anyone’s Children or sharing food with them.**

House Security Issues:

- 1. Drug use, alcohol consumption, use of any tobacco products***
- 2. Theft**
- 3. Threatening anyone with physical harm, etc.**
- 4. Assault – Physical, Verbal, Sexual, Racial**
- 5. Possession of a weapon**
- 6. Establishing or trying to establish any relations with the women in the program.**
- 7. Possession of drugs or any paraphilia thereof.**

NOTE: When you chose to act out on any of the House Safety Issues, you are choosing to immediately dismiss yourself from the program.

***We choose to overcome all unhealthy addictions, including nicotine. It is proven that people, who continue to use tobacco, while in recovery, reduced their long-term recovery success by two thirds. What that means is that two out of three people who use nicotine addictively relapse within one year.**

C. General House Rules

- 1. No working out with the weights or hanging out by the weights for 21 days!**
- 2. No sunglasses**
- 3. Throw GUM IN THE TRASH CAN**
- 4. No one is allowed in the refrigerator, pantry without permission**
- 5. You must always have socks, slippers or shoes on your feet – NO BARE FEET!**
- 6. You are required to attend all scheduled and non-scheduled activities, which include: Bible Classes, Prayer Meetings, Church Services, Recreation, Choir, etc.**
- 7. You must be on time to all activities. Lateness will not be tolerated and consequences will have to be paid for tardiness**
- 8. No one is allowed in the room areas of the house during the day (8 am – 8 pm) without permission**

ADDITIONAL CONTRABANDS!!!

You are NOT allowed to bring any of the following items with you into the program:

- 1. Walkman, Etc.**
- 2. Tape Recorders**
- 3. I-Pods**
- 5. Cell Phones**
- 6. Record Players**
- 7. CD Players**
- 8. Any books other than the Holy Bible**
- 9. MP3 Players**
- 10. Any Electronics or Computing Device**

PASSES:

- Passes home are NOT given in the program within your first 2 months (Crisis and/or Induction Phase except in cases of extreme emergency or as the leadership deems fit).
 - Once eligible for a pass they are issued as follows.
1. **SUNDAY PASSES - 4 HOUR PASS AFTER 3rd MONTH AFTER CHURCH SERVICE.**
 2. **8 HOUR PASS- After 5th Month**
 3. **WEEKEND PASSES - AFTER 8th MONTH UPON APPROVAL**
 4. **ALL PASSES ARE GRANTED ONLY WITH THE APPROVAL OF LEADERSHIP.**
 5. **THE USE OF SOCIAL MEDIA (FACEBOOK, TWITTER, MYSPACE, EMAIL, ETC...) WHILE ON PASS IS NOT PERMITTED, OR ANY OTHER TIME WHILE IN THE PROGRAM**
 6. **THE USE OF ANY LAPTOP, COMPUTER, TABLET, OR ANY DEVICE TO BE ONLINE IS NOT PERMITTED.**
 7. **IF YOU ARE FOUND TO BE ONLINE WHILE ON PASS YOU WILL FORFEIT YOUR PRIVILEGE OF GOING ON PASSES.**

4 PILLARS OF THE PROGRAM

- A. **CHRIST-LIKENESS IS STANDARD** – Please demonstrate a Christ-like attitude toward all staff and students.
- B. **TOTAL ACCOUNTABILITY** – You are your “brother’s keeper” so always be a watchman and always be accountable to another.
- C. **DISCIPLINE** – God’s discipline proves His love (Hebrews 12:6); be teachable and always ready to receive correction.
- D. **IDENTITY** – Your identity must be found in Christ and not your past lifestyle, mistakes, failures, or poor choices you have made. “If any man is in Christ, he is a new creation.” (2 Cor. 5:17)

If you have any questions, special requests, need a hair cut, a phone call, go to the store, etc. you MUST ask YOUR mentor.

D. Laundry

Each person will have an assigned day to have their laundry done by an assigned student. Individual students MAY NOT do their own laundry unless instructed by the House Manager. Be sure you have a full load to wash. If you have only a few items to wash, combine you wash load with someone else.

You must wash your bed sheets once every two weeks.

B. Classes

During your stay at The Way, you will be required to complete the 14 course GSNC (Group Studies for New Christians) curriculum. Upon completing these courses, you will be required to take a final exam. You also are required to complete:

- **Character Qualities**
- **PSNC's (Personal Studies for New Christians)**
- **It will be necessary to pass the group studies final exam, complete your character qualities, and do the assigned PSNC's, in order to be eligible to move on to the next phase of the program.**
- **You may be required to do scripture projects to help you deal with areas of your life which need healing.**

ALL work is designed to give you a solid foundation in Christianity. This foundation will enable you to stand firm, to not give in to temptation, to be victorious in overcoming your drug addiction, and ultimately to become a Mighty Soldier of the Cross.

GENERAL ACADEMIC RULES:

- 1. You must be on time for class**
- 2. You must pay attention and should participate in class discussions**
- 3. You must complete ALL assigned work**
- 4. No sleeping or writing letters in class**
- 5. Be respectful of your peers and your teacher**
- 6. Raise your hand if you have a question or comment**

C. Northside Assembly of God

Attire for Church is as follows:

Sundays: Neat blue jeans (must not have rips, holes or bold logos), a collard shirt, casual shoes. Tie and sports jacket are optional, can wear a suit if you have one.

Wednesdays: Neat blue jeans (must not have rips, holes or bold logos), a collard shirt, casual shoes.

Fridays: Neat blue jeans (must not have rips, holes or bold logos), a collard shirt, casual shoes.

NOTE: These are the standard of dress for a student in the program, if you do not have any of these items let the staff on duty know and he will assist you in getting the necessary items.

WEDNESDAY NIGHT PRAYER SERVICE - (20/20/20)

1. 20/20/20- 1ST 20 minutes read the word; 2nd 20 minutes prayer and meditation; last 20 minutes stand and pray or pray at the altar.

2. No standing near or against the walls. If you are standing you should be towards platform.

3. At the end of every service we pray for one another.

4. No using the bathroom until service is over.

1. Students are NOT allowed outside without permission
2. All students must participate in Praise and Worship
3. Be ready to leave on time
4. Be in an attitude of prayer and reverence to God while in church
5. No talking; No sleeping; No chewing gum; No joking around; No foolishness; No candy; No playing with children or giving food or candy is allowed; ONLY MINTS
6. You should be in prayer and in your word
7. You should pay attention
8. NO STUDENTS ARE TO GO TO THE BATHROOM, GO TO THE DRINKING FOUNTAIN, OR LEAVE THE SANCTUARY WHILE SERVICE IS IN PROGRESS
9. No Student should ever be alone. Stay with the group or take second person accountability!
10. All students are asked to participate in the Altar Call

No Slouching in your seat at church remember non-verbal communications speaks loudly!!!

D. FRIDAY NIGHT DEVOTIONS

- 1. Students are not to be outside without permission**
- 2. All students must participate in set up and break down (if your name is not on the work list, then help out where necessary)**

E. Outside Church Services

- 1. Find seats in the church FIRST. Do not head straight to the bathroom as soon as we enter!**
- 2. Set up Promotional Board (If necessary)**
- 3. All rules for Northside A/G Services apply**
- 4. This is someone else's Church Home, please be respectful**
- 5. Men should only minister to men!**

BE APPROPRIATELY DRESSED FOR THE OCCASION:

- 1. Shirt**
- 2. Tie**
- 3. Jacket**

F. Work

- 1. Each job that is assigned to you is extremely important! Please do it completely and correctly in love.**
- 2. Use the proper equipment and cleaning supplies.**
- 3. Before you run out of supplies make sure you let staff or the team captain know that it is running low.**
- 4. Be punctual and responsible for every task that is assigned to you, it will benefit your spiritual growth.**
- 5. Feel free to ask Staff any question concerning your assigned responsibilities.**
- 6. Never forget that your job performance is a reflection of your spiritual progress in the program.**
- 7. Whatever you do, do it with all your heart and strength. Do it for God as if He would check it Himself. (Col. 3:23)**

G. Fundraising

This part of the program can be an integral part of your growth. You may be asked to help out in different areas of fundraising. These ministries allow us to let people in the area community know that there is such a place as The Way Training Center to help people who suffer such as we do. In addition, this is one of the major channels of funding for homes, utilities, food, and outreach programs, etc.

IV. STUDENT RESPONSIBILITIES

A. Dress and Grooming

1. Shorts should come to the top of the knee at least, and not pass the bottom of the kneecap.
2. **NO** fleece or pajamas pants are to be worn around the house (bedrooms only)
3. **NO** shirts, hats or any other attire with rock or worldly logos.
4. **NO** unbuttoned shirts displaying chest hair or bare chest.
5. **NO** long hair; hair must not hang below your collar; no shaggy hair.
6. **NO** Street or worldly fads, attitudes, and words that reflect street lingo.
7. **NO** Ripped jeans or T-shirts.
8. **NO** Sagging pants!!
9. **NO** plain white T shirts or white T's hand written on.
10. **NO** sunglasses are to be worn on property; sunglasses are only permitted to be worn off property and with the permission of a staff member.

Clothing List

(These are the maximum allowable items per student)

Effective immediately, Students are not to have more than the following items in their possession:

- **2 Suits**
- **2 pairs of dress shoes/1 pair of work boots/ 2 pairs of sneakers**
- **4 pairs of dress slacks**
- **3 pairs of jeans**
- **5 dress shirts**
- **2 sweat suits**
- **5 T-Shirts with pockets**
- **5 polo shirts**
- **10 pairs of underwear and T White T-Shirts**
- **2 Belts**
- **1 coat**
- **1 Jacket**

B. Hygiene

- 1. Students must shower daily either in the morning before personal devotion or evening before room-time.**
- 2. Students must shave daily in the morning. When they arrive at class you MUST be clean shaven. – Beards, goatees, long sideburns, etc. are not allowed.**
- 3. Hair must be trimmed and neat.**

C. Mail

- 1. You will not be allowed to receive mail and write your family for the first 21 days in the program.**
- 2. You are allowed to correspond with family members or those who have been approved by the Staff.**
- 3. ALL mail is carefully screened.**
- 4. Upon entering our program, you have signed a consent form as part of the application process authorizing us to open and read all incoming and outgoing mail.**
- 5. This includes Department of Social Services, Court, Medical, Department of Labor, etc.)**
- 6. Outgoing mail should be given to your mentor unsealed.**
- 7. Staff will deliver incoming mail in the afternoon.**
- 8. Please DO NOT ask any of the staff for mail; it will be distributed accordingly.**

D. Medical

- 1. Upon entrance into The Way Training Center, you are not allowed to possess any medication, including aspirin, cold tablets, cough syrups, vitamins, prescriptions, etc. ALL medications are held and administered by staff.**
- 2. We will try to assist you with any emergency, which may arise during your stay at the program.**
- 3. We require that all outstanding medical and dental problems be taken care of before entering the program. THERE IS A 90-DAY BLACK OUT ON MEDICAL APPOINTMENTS. Please take care of these issues before entering into the program. If there are more than 2 appointments per month you may be released on Medical Leave at the Directors consent to take care of these appointments.**
- 4. Appointment request sheets must be filled out and given to your mentor.**
- 5. Appointments will be made only with the approval from leadership.**
- 6. No prescriptions are to be filled without approval of the leadership.**
- 7. After returning from medical appointments, return ALL discharge papers and instructions to Program Manager.**

E. Money

- 1. First Phase Students are not to have any money in your possession without permission by staff.**
- 2. Second Phase students are allowed to have \$20.00 in their possession.**
- 3. All monies above these limits must be turned into staff and will be kept in an account for you.**
- 4. If a student has not paid the required induction fee (\$250.00), any money that they receive may be applied to this automatically.**
- 5. If you are found with money above the allowable limits it will be considered contraband and it will be confiscated and you will be disciplined.**

Any student with a Benefits Card is responsible to turn it in to staff after use!!

F. Telephone

- 1. Upon entering the program, a phone call will be allowed to your family if they do not know you are here.**
- 2. Students will not be permitted to make a phone call for the first 21 days.**
- 3. Students who are legally married and have children are allowed 2 phone calls to their wives/children per week (Proof of marriage must be produced).**
- 4. Single students can make 1 phone call for 10 minutes per week.**
- 5. Phone calls are made on Thursdays and Sundays with the permission of the staff on duty. All calls must be logged in the phone log.**
- 6. Emergency calls are given to students upon evaluation and approval from Program Supervisor and Program Manager ONLY!!!!!! Students are never to pick up a phone at any time in any building, nor seek permission from other staff. No other staff is permitted or authorizes to give an emergency phone call w/o the knowledge and expressed approval of Program Supervisor or Program Manager.**
- 7. PHONE CALLS ARE A PRIVILEGE, AND MAY BE TAKEN AWAY IF A STUDENT IS PUT ON DISCIPLINE.**

G. Relationships

- 1. There is absolutely no development of a new relationship with any women.**
- 2. All existing relationships are evaluated on an individual basis.**
- 3. The Way TC does not recognize dating relationships.**

H. Social Services

- 1. All Students 21 or older will be expected to apply for Social Services Financial Assistance to help defer some of the cost of their stay with us at The Way Training Center.**
- 2. If they are denied or under 21 years of age the student may be required to come up with \$250.00 a month to help defer some of the program's cost.**

The End

THE LAST RULE ABOUT THESE RULES

These set of rules are meant as guidelines to help your stay at The Way Training Center be a fruitful experience. Please follow them closely, and all those referred to at the Outreach and other special occasions that might not be covered in these pages. A central, important rule is this: IF UNSURE, PLEASE ASK!!!!

Of all the rules we could create, there are only two which truly matter:

One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?”

“The most important one” answered Jesus, “is this: ‘Hear, O Israel, the Lord our God, the Lord is One. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’”

The second is this: *“Love your neighbor as yourself.” There is no commandment greater than these.”*

Mark 12:28-31

I have read and understand all the rules and guidelines in The Way Training Center Men’s Residential Rule Book. I further agree to abide by these rules and guidelines to the best of my ability through the strength that the Holy Spirit gives me to be obedient.

Student (Print Name): _____

Student Signature: _____

Date: _____

Staff Signature: _____